



# NAVIGATE

SARAH STEARNS

# Synopsis

It's said that ships are referred to as female because a ship is the only kind of woman that doesn't bring bad luck at sea. Also because, like mothers, ships protect those they carry within.

What happens when a woman tires of carrying others?

What happens if a ship decides to sail herself?

Narration, movement and puppetry submerge the audience in the story of a mysterious pirate captain who appears from the rubble of a shipwreck and sets off toward the horizon.

Navigate explores my personal experience of crossing borders, reshaping the universal feeling of being an outsider in an unfamiliar land, where even the quotidian becomes uncharted and outlandish. Freeing herself from her mundane existence, the newly-sentient narrator embarks on a journey that takes her beyond the edge of the world and into outer space, where she must untangle new temporal, cultural, and linguistic norms.

Told primarily through the language of gesture and soundscapes, the story crosses borders in both plot and form. With live music and a peculiar story, Navigate invites us to experience the strangeness of being foreign in unknown waters and of navigating the world as a woman on her own.

# Artistic Team

## Creation and Performance

Sarah Stearns

Production

Javier Digiorgio

Direction

Xesco Palacín

Costume

Liza Cox

Makeup

Isa Stearns

Music

Gabriella Grimaldi

Sarah Stearns, originally from Boston, has a degree in theater from Temple University and a certificate in dance and creation from Headlong Performance Institute, both in Philadelphia.

Sarah moved to Barcelona to complete the two year Jacques Lecoq physical theater training method at the Escuela Internacional de Teatro Berty Tovías Estudis.

Navigate was developed through an artistic residency at Can Castelló in Barcelona. It has been performed at various venues in Barcelona, as part of the SoLow Fest in Philadelphia, and was selected for the Galway Theatre Festival and the Prague Fringe Festival in 2020.



# Technical Rider

Suitable for all audiences

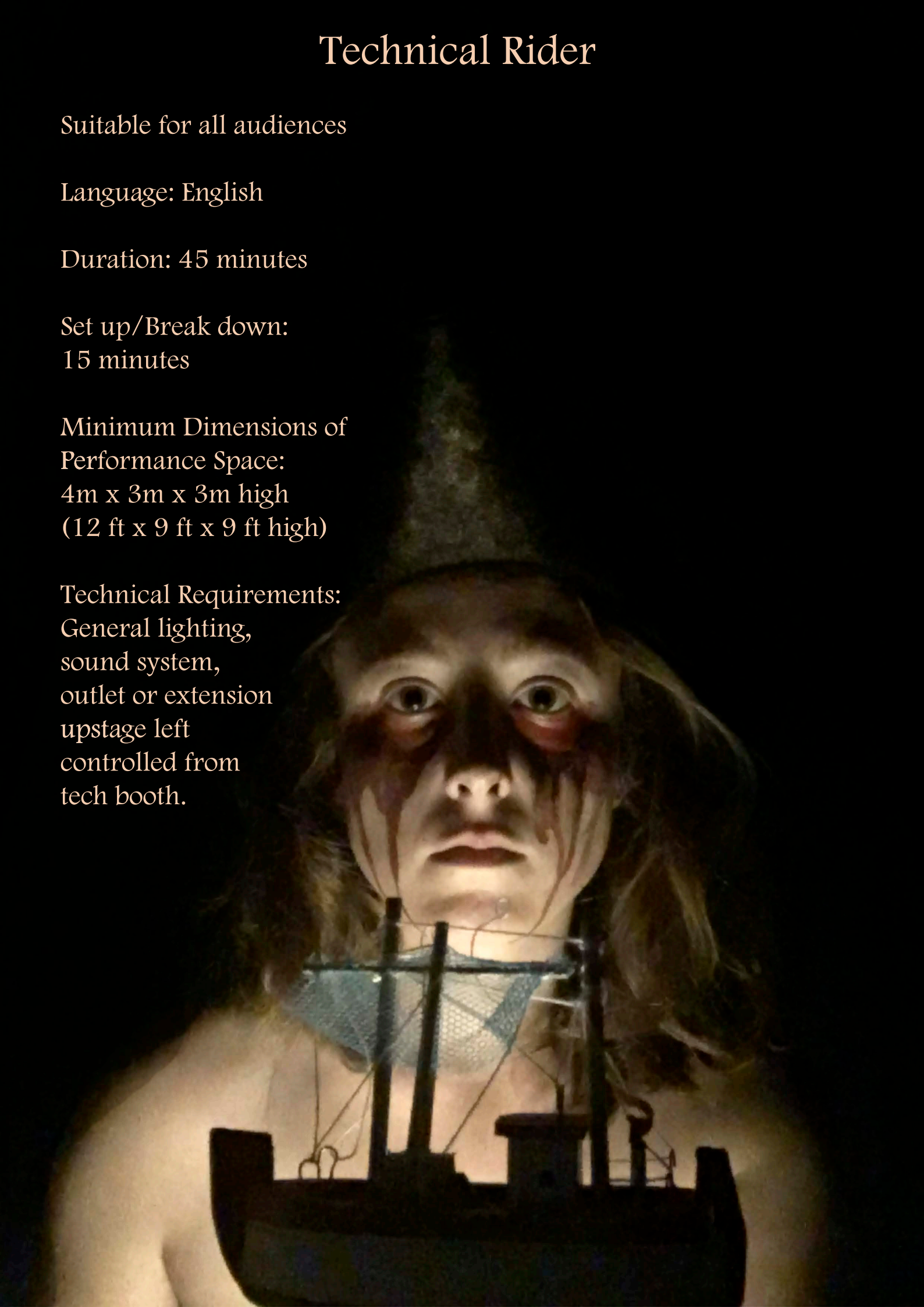
Language: English

Duration: 45 minutes

Set up/Break down:  
15 minutes

Minimum Dimensions of  
Performance Space:  
4m x 3m x 3m high  
(12 ft x 9 ft x 9 ft high)

Technical Requirements:  
General lighting,  
sound system,  
outlet or extension  
upstage left  
controlled from  
tech booth.



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